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ABSTRACT OF THE DISCLOSURE

A shoe, having an outsole and an upper part that is connected thereto, the outsole in the area between the forefoot and the back of the foot having a contraction, does not of its own accord sufficiently promote the natural rolling motion of the foot when the foot is in motion and when the child takes its first steps.

The outsole in the area of the contraction has a connecting area having a degree of flexibility such that a torsion of the forefoot with respect to the back of the foot is impeded as little is possible, and that, in the area of the forefoot, the outsole is provided with a high degree of flexibility with respect to the motion of the foot as a result of a corresponding profiling. Thus the natural motion of the child's foot can be maintained, while simultaneously providing sufficient protection for the child's foot during walking.